

MENTAL HEALTH RESOURCES

1. Interface Children & Family Services - 211
80 E. Hillcrest Drive #175
Thousand Oaks 91360
(805) 485-6114 Ext. 662
<https://www.icfs.org>
2. Medi-Cal Mental Health Services
Ventura County Health Care Agency
(866) 998-2243
<http://www.vchca.org>
3. NAMI – National Alliance on Mental Illness
(805) 641-2426
info@namiventura.org
<https://www.namiventura.org>
Call or refer to website for information regarding services and locations.
4. Stephen Ministry – St. Julie Billiard Church
(805) 498-3602 Ext. 106
stephenministry@stjulieschurch.org
5. Suicide Hotline
(800) 273-8255
6. Ventura County Behavioral Health
125 W. Thousand Oaks Blvd. #500
Thousand Oaks 91360
(805) 418-9105
<https://vcbh.org/en/>
7. Ventura County Crisis Intervention Team (Law Enforcement)
(805) 383-4806 (Call 911 in an emergency)
<http://www.venturacountycit.org>